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# VENOSAN®

# Measuring instructions Compression stockings







# Measuring for VENOSAN® medical compression stockings and pantyhose



 □: see www.venosan.com □ For EUROPE □ SUPPORT □ Videos how to measure for Standard size and custom made stockings

#### When are the measurements taken?

Measurements should be taken in the morning for patients whose legs have a pronounced tendency to swell.

#### How are the measurements taken?

- Standing upright using a measuring tape.
- Take the circumference and length **measurements** from the foot up to the thigh at the measuring points shown below.
- Each **circumference** has its own **length**.
- Measure the lengths with the leg held
- **Both** legs must be measured separately.

#### Where are the measurements taken?

The relevant positions are shown in the figures below

### Circumferences:

#### Below knee



cA - circumference of the forefoot

Measure behind the ball of the foot and behind the base of the small toe



cB - ankle circumference Measure above

the ankle (smallest circumference).



cB1 - circumference of the lower calf

Measure at the lower calf, i.e. the origin of the Achilles tendon

# Below knee

Lengths:

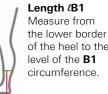


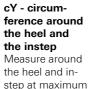
length of the foot for styles with an open toe Measure from the back of the heel to behind the ball of the

Length ℓA



Length &B Measure from the lower border of the heel to the level of the **B** circumference.







Measure around the largest calf circumference.



cD - circumference below the knee the narrowest

Measure around part below the knee approx. 2-3 cm below the pit

of the knee.

#### Length ℓZ length of the foot for styles with a closed

foot.

Measure from the back of the heel to the tip of the large toe.



Measure from the lower border of the heel up to the level of the C circumference



Measure from the lower border of the heel up to the level of the **D** circumference.

# Thigh length stockings

Measurements in addition to the basic measurements for knee socks



cE - circumference at the middle of the knee

dorsiflexion.

Measure around the patella and pit of the knee with the knee slightly bent.



ference at the middle of the thigh Measure approx. 12-14 cm above the knee.

cF - circum-



cG - circumference at the top of the thigh Measure approx. 5 cm below the crotch &K.

# Thigh length stockings

Measurements in addition to the basic measurements for knee socks



Length ℓE

Measure from the lower border of the heel to the level of the E circumference with the leg held straight.



Length ℓF Measure from

the lower border of the heel up to the level of the F circumference (length incl. topband).



Measure from the lower border of the heel up to the level of the G circumference (length incl.

tricot border or

topband).

Length ℓG

### **Pantyhose**

Measurements in addition to the basic measurements for knee and thigh length stockings



cH - hip circumference Measure around the widest part of



cT - waist circumference Measure above the waist.

## **Pantyhose**

Measurements in addition to the basic measurements for knee and thigh length stockings



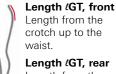
Length ℓK

Measure from the lower border of the heel up to the crotch (stride length).



Length &T Measure from

the lower border of the heel up to the waist.



crotch up to the

Length from the crotch over the buttocks up to the waist.